



ANKUR M. CHHADIA, M.D.



ORTHOPAEDIC SURGEON

2009-Current Suburban Orthopaedics (suburbanortho.com), Partner
Specialties: Sports Medicine, Arthroscopy, Shoulder, Knee, Joint Replacement, Trauma
Team Physician: South Elgin, Bartlett, Streamwood, & Conant High Schools

LICENSES AND BOARD CERTIFICATIONS

Illinois State Licensed Physician and Surgeon with Controlled Substance, Since 2008
Drug Enforcement Administration Controlled Substance, Since 2009
American Board of Orthopaedic Surgery, Certified 2011 through 2031
American Board of Orthopaedic Surgery Sports Medicine CAQ, Certified 2012 through 2031
American Board of Independent Medical Examiners, Certified in 2011

OUTPATIENT OFFICES

Bartlett, IL: 1110 W. Schick Rd, 60103
Elgin, IL: 1600 Randall Rd, Ste 110, 60123
Elk Grove, IL: 800 Biesterfield Rd, Eberle Ste 565, 60007
Chicago, IL: 2112 S. Michigan Ave, 60617

SURGICAL AND HOSPITAL AFFILIATIONS

Ashton Surgical Center, Hoffman Estates, IL
AMITA Health St. Alexius Medical Center, Hoffman Estates, IL
AMITA Health Alexian Brothers Medical Center, Elk Grove Village, IL
Advocate Sherman Hospital, Elgin, IL

EDUCATION / TRAINING

2008-2009 Fellowship, Orthopaedic Sports Medicine
Kaiser Permanente Orange County, Irvine, CA
2003-2008 Residency, Orthopaedic Surgery
University of Illinois at Chicago
1999-2003 Doctor of Medicine (MD)
University of Illinois at Chicago
1995-1998 Bachelor of Science (BS), Biomedical Engineering
Northwestern University, Evanston, IL

DESIGN ENGINEER

1998-1999 Beltone Electronics Corp., Shell Technologies Group, Chicago, IL
Designed Compliant Hearing Aid Polymer/Silicone Shell, BelFit™
Secured Patents for U.S., European, and World

ASSOCIATION MEMBERSHIPS

- American Academy of Orthopaedic Surgeons, Member, Since 2003
- Arthroscopy Association of North America, Member, Since 2007
- American Orthopaedic Society for Sports Medicine, Member, Since 2008
- American Academy of Hip and Knee Surgeons, Member, Since 2021
- STOP Sports Injuries Campaign, Member Since 2011

ACTIVITIES / AFFILIATIONS / AWARDS

- Physician Consultant, Arthrex Nano-Scope and Nano-Arthroscopy
- Physician Member, Rebound, Health & Performance Institute
- Steering Committee Physician Consultant, St. Alexius Medical Center for Advanced Joint Replacement
- Associate Master Instructor, Arthroscopy Association of North America
- Volunteer, BAPS Charities Annual Health Fair
- Reviewer for American Journal of Sports Medicine
- Reviewer for The Physician and Sports Medicine,
- Surgical MCE Subcommittee, Advocate Sherman Hospital, Focused Professional Practice Evaluations
- Presenter for Hot Topics in Workers' Compensation, The Chicago Bar Association, Utilization Review, 2015
- Presenter for Workers' Compensation Seminar, Chicago Police Department, Shoulder Injuries, 2015
- Presenter for Workers' Compensation Seminar, Kane County Bar Association, Shoulder Injuries, 2015
- Presenter for Illinois Trial Lawyer Workers' Compensation Seminar, Utilization Review, 2014
- Presenter for Workers' Compensation Lawyers Association, Overuse Hand Injuries, 2013
- Presenter for Alexian Brothers Hospital Network CME Consortium
 - Platelet Rich Plasma, Internal Medicine Grand Rounds, 2010
 - Failed Rotator Cuff Surgery, Family Medicine Grand Rounds, 2010
 - Casting Techniques, Pertinent Issues in Pediatrics Conference, 2009
- Presenter for Workers Compensation Case Manager Continuing Education Credits
- Presenter for Certified Athletic Trainer Continuing Education Credits
- Presenter for High School Athletic Departments, Team Specific Topics
- Moderator for UIC Orthopaedic Residency Sports Medicine Grand Rounds
- Instructor for UIC Orthopaedic Residency Arthroscopy Cadaver Lab, Jan 9, 2010

Fellowship

- Assistant Team Physician, University of California Irvine, 2008-2009
- Assistant Team Physician, Santa Ana College, Chapman University, and Godinez High School, 2008-2009

Residency

- Class of 2008 Recipient of The Leonard Weinstein, MD Award for Excellence in the Doctor-Patient Partnership
- Educational Chief Resident, 2007-2008
- Instructor for Musculoskeletal Physical Exam Workshop, 2005
- Assistant Team Physician, UIC Flames Soccer and Basketball, 2004-2008

Medical School

- Illinois General Assembly Scholarship, 2002-2003
- 2nd Place at Student Medical Research Forum, 2001
- Dr. C.M. Craig Student Summer Research Fellow, 2000
- American Medical Students' Association, Member 1999-2003
- Society of Prospective Surgeons, Member 1999-2001

Undergraduate Education

- Tau Beta Pi Honor Society, Top 12% of Class Inducted, 1998

- Golden Key National Honor Society, 1998
- Volunteer in Emergency Room, Alexian Brothers Medical Center, 1998
- Volunteer in Adult Literacy and Tutoring, Jane Addams Resource Center, 1997
- Volunteer for Northwestern University Special Olympics, 1996
- Volunteer in After School Program for Kids, Foster Dewey Elementary School, 1995
- Northwestern Engineering Student Council, Representative, 1995-1996
- Illinois State Scholar, 1995
- Advanced Placement National Scholar, Scholar with Distinction, 1995

COURSES / MEETINGS

- AAOS Annual Meeting, Chicago, IL Mar 24-26, 2022
- AAOS/AOSSM/AANA Sports Medicine Course: Keeping Patients Active Through Biologics, Rehabilitation, Park City, UT Feb 2-6, 2022
- Advanced Management of Massive Cuff Tears featuring InSpace, Stryker, Chicago, IL Sep 17-18, 2021
- AANA/AOSSM Specialty Day Meeting, Virtual Mar 17-18, 2021
- Advanced Shoulder Techniques & Therapies, Arthrex, Burr Ridge, IL Sep 26, 2020
- AOSSM Annual Meeting, Virtual Jul 8-9, 2020
- Nano Arthroscopy Train the Trainer, Arthrex, Naples, FL Aug 15, 2019
- AAOS Annual Meeting, Las Vegas, NV Mar 12-16, 2019
- AOSSM Ortho-Biologics Meeting, Rosemont, IL Oct 12-13, 2018
- Mako Total Knee Certification, Stryker, Burr Ridge IL Jul 17, 2018
- AANA Annual Meeting, Chicago, IL Apr 26-28, 2018
- AANA Fall Course, Las Vegas, NV Nov 9-11, 2016
- Advanced Concepts in Sports Medicine and Orthopaedic Surgery, Las Vegas, NV Nov 6-8, 2015
- Tornier Masters Shoulder Symposium, Chicago, IL Sep 27, 2013
- AOSSM Annual Meeting, Chicago, IL Jul 11-14, 2013
- AAOS Annual Meeting, Chicago, IL Mar 19-24, 2013
- Carticept Musculoskeletal Ultrasound Training, Las Vegas, NV, Aug 11, 2012
- AANA Annual Meeting, Orlando, FL May 17-20, 2012
- AMA Guides to the Evaluation of Permanent Impairment, 6th Ed., Aug 13-14, 2011
- AOSSM Annual Meeting, San Diego, CA Jul 7-10, 2011
- AAOS Annual Meeting, New Orleans, LA Mar 10-13, 2010

Fellowship

- Meniscus and Osteochondral Allograft Cadaver Lab, RTI, Irvine, CA May 6, 2009
- AANA Annual Meeting, San Diego, CA Apr 30-May 3, 2009
- PCL Cadaver Lab, Don Joy, Vist, CA Apr 25, 2009
- AAOS Annual Meeting, Las Vegas, NV Feb 25-28, 2008
- ICRS 9th Annual Articular Cartilage Repair Course For Sports Medicine Fellows, Carlsbad, CA Jan 16-18, 2008
- San Diego Sports Medicine Foundation Conference, San Diego, CA Nov 9, 2008
- California Surgery Invitational, Newport Beach, CA Oct 16-18, 2008
- Shoulder Arthroscopy Cadaver Lab, Depuy Mitek, Irvine, CA Sep 12, 2008
- Double Bundle ACL Cadaver Lab, Smith and Nephew, Vista, CA Sep 6, 2008
- Sports Trauma and Event Medicine, Kaiser Permanente Rancho Cucamonga Clinic, CA Aug 6, 2008

Residency

- AAOS Boards Review Course, Chicago, IL Apr 30-May 4, 2008
- AAOS Annual Meeting, San Francisco, CA Mar 5-9, 2008
- From the Finger Tip to the Shoulder, Acumed, San Diego, CA Feb 8-9, 2008
- Current Concepts in Joint Replacement, Orlando, FL Dec 12-15, 2007
- Musculoskeletal Clinopathologic Seminar, Drs. MA Simon and R Haydon, Chicago, IL Oct 22-24, 2007
- 4th & 5th Year Resident Program, DePuy, Chicago, IL Aug 23-26, 2007
- AANA Masters Knee Ligament Course, Rosemont, IL May 18-20, 2007
- State of the Art in Orthopaedics 2007: Hip, Knee, and Shoulder/Elbow Course, Snowmass, CO Mar 20-23, 2007
- 5th Annual Residents of Illinois Trauma Symposium, Femur, Stryker, Chicago, IL Mar 10, 2007
- AO ASIF Basic Principles and Techniques of Operative Fracture Management Course for Residents, Chicago, IL Oct 19-22, 2006
- AANA Masters Shoulder Course, Rosemont, IL Oct 13-15, 2006
- 7th Annual Chicago Trauma Symposium, Chicago, IL Aug 11-14, 2005
- AAOS Annual Meeting, Chicago, IL Mar 22-26, 2006
- 4th Annual Residents of Illinois Trauma Symposium, Pelvis and Spine, Stryker, Chicago, IL Feb 25, 2006
- Practical Anatomy Workshop, Anatomy of the Shoulder and Surgical Dissection, Stryker, St. Louis, MO Oct 28, 2005
- Musculoskeletal Clinopathologic Seminar, Drs. MA Simon and TD Peabody, Chicago, IL Oct 24-26, 2005
- 3rd Annual Residents of Illinois Trauma Symposium, Upper Extremity Trauma, Stryker, Chicago, IL Apr 9, 2005
- AANA "Master's Experience" in Fundamental Arthroscopic Surgical Skills, Rosemont, IL Mar 17-20, 2005
- Basics in Arthroplasty, a 2nd and 3rd Year Orthopaedic Resident Program, DePuy, Cincinnati, OH Aug 20-21, 2004
- 6th Annual Chicago Trauma Symposium, Chicago, IL Aug 12-15, 2004
- Taylor Spatial Frame Course, Essentials of External Fixation, Smith and Nephew, Chicago, IL Jul 30-31, 2004
- 2nd Annual Residents of Illinois Trauma Symposium, Tibia Fractures, Stryker, Chicago, IL Mar 20, 2004
- Volunteer Resident Assistant, AAOS The Shoulder II: Open and Arthroscopic Techniques, Rosemont, IL, Sep 12-14, 2003
- 5th Annual Chicago Trauma Symposium, Chicago, IL Aug 8-10, 2003

PUBLICATIONS (•) / PRESENTATIONS (*)

1. *Chhadia A, Segura U, Zafriopolous S.* IV Bags: Comparison of Regulations.
* Baxter Healthcare Corp./Northwestern University, Round Lake, IL May 30, 1996
2. Yoest RS, Stonikas PR, Klyachman R, Prutnikov G, *Chhadia A.* Molded Hearing Aid Housing.
 - United States Patent Number 6,584,207, Issued Jun 24, 2003.
 - European Patent Number EP1151634, Issued Aug 10, 2000.
 - World Intellectual Property Organization Number WO0047016, Issued Aug 10, 2000.

3. Robinson JL, Meskan ME, Siu, B, *Chhadia A*. Improving CIC Fittings by Using a Silicone Ring.
 - The Hearing Review. 2000 Nov; 7(11): 66-70.
4. *Chhadia A*, Dech F, Ai Z, Silverstein JC. Autocolorization of Three-Dimensional Radiological Data.
 - Studies in Health Technology and Informatics. 2001; 81: 90-96. PMID:11317826
 - * 9th Annual Medicine Meets Virtual Reality Conference, Newport Beach, CA Jan 2001
 - * Student Medical Research Forum, University of Illinois at Chicago College of Medicine Jan 2001
 - * 32nd Annual Midwest Student Biomedical Research Forum, Omaha, NA Feb 2001
 - * 42nd Annual National Student Research Forum, University of Texas Medical Branch at Galveston Apr 2001
5. Silverstein JC, *Chhadia A*, Dech F. Visualization of Conserved Structures by Fusing Highly Variable Datasets.
 - Studies in Health Technology and Informatics. 2002; 85: 494-500. PMID:15458139
 - * 10th Annual Medicine Meets Virtual Reality Conference, Newport Beach, CA Jan 2002
6. *Chhadia A*, Dech F, Goldberg BA, Gordon AC, Silverstein JC. Motion-Capture and Virtual Model of In Vivo Knee Kinematics using 3D Data Fusion. Submitted manuscript 2004.
7. Blint A, *Chhadia A*, Gonzalez M, Nonunions Treated with Cancellous Allograft and Platelet Gel.
 - * University of Illinois Chicago Orthopaedic Clinical Research Conference Mar 30, 2005
8. Bach HG, Steffin B, *Chhadia A*, Kovachevich R, Gonzalez MH. Community-Associated Methicillin Resistant *Staphylococcus aureus* (CA-MRSA) Hand Infections in an Urban Setting.
 - * Annual Meeting of the American Academy of Orthopaedic Surgeons, Chicago, IL, #464 Mar 24, 2006
 - Brockenbrough G. Nearly 75% of S. aureus infections in hands test positive for MRSA. Orthopedics Today. 2006 May; 26(5): 45.
 - Journal of Hand Surgery American. 2007 Mar; 32(3): 380-3. PMID:17336847
9. Klug R, Chow J, Pike A, *Chhadia A*, Saldanha D, Gussous Y, Lim RD. Loss of Functional Independence After Hip Fracture Surgery.
 - * Annual Meeting of the American Academy of Orthopaedic Surgeons, Chicago, IL, #099 Mar 22, 2006
 - * Annual Meeting of the Orthopaedic Research Society, Chicago, IL Mar 2006
 - Older hip fracture patients at greater risk for postop morbidity, death. Orthosupersite.com Mar 22, 2006.

- Preparation Brings Better Hip Replacement Outcomes. Forbes.com Mar 23, 2006.
10. Blint A, *Chhadia A*, Ablen K, Shukla P, Goldberg B. Hinged Elbow External Fixation for the Management of Severe Posttraumatic Stiffness and Instability.
 - * University of Illinois Chicago Orthopaedic Clinical Research Conference Apr 19, 2006
 11. *Chhadia A*, Goldberg B, Hutchinson M. Abnormal translation in SLAP lesions on magnetic resonance imaging abducted externally rotated view.
 - * Annual Meeting of the Arthroscopy Association of North America, San Francisco, CA, E-91 Apr 26-29, 2007
 - * University of Illinois Chicago Orthopaedic Senior Thesis Day Jun 28, 2008
 - Arthroscopy. 2010 Jan;26(1): 19-25. PMID:20117623
 12. *Chhadia A*, Ablen K, Goldberg B. Proximal Humerus Nonunions: Shortening and Locked Intramedullary Nailing.
 - * University of Illinois Chicago Orthopaedic Clinical Research Conference Mar 28, 2007
 13. *Chhadia AM*, Inacio MC, Maletis GB, Csintalan RP, Davis BR, Funahashi TT. Are Meniscus and Cartilage Injury Related to Time to Anterior Cruciate Ligament Reconstruction?
 - * Annual Meeting of the American Academy of Orthopaedic Surgeons, New Orleans, LA, Podium Presentation #441, Mar 11, 2010
 - American Journal of Sports Medicine. 2011 Sep;39(9): 1894-9. Epub 2011 Jun 24. PMID:21705649